Happy spring, Snohomish County Colleagues! Queen Elsa has finally “let it go” and Washington’s 2019 eternal winter has officially given way to spring...a time of renewal. Speaking of “renewal,” in this month’s president’s message I would like to discuss continuing education—especially as it pertains to license renewal, as we have seen a lot of changes recently. This January, a number of CE changes went into effect, and I encourage you to review the latest CE requirements. (go to www.wsda.org and click on CE FAQ’s)

The basics for dentists: 63 total hours are needed every 3 years. That means that you can do more in one year (or all, theoretically) in that 3 years. Ok, so let’s also review opioid and jurisprudence CE, along with Basic Life Support (and how much BLS CE counts toward your cumulative tally).

Opioid requirements: Given the 2019 change, dentists have 3 years (from their birthday license renewal date) to complete the one-time 3 hour CE requirement for opioid prescribing. Example: My birthday is January 7: I will have until January 7, 2022 to complete my CE. Those who attended our SCDS March 1st Seminar will have fulfilled the 3 hours towards this one-time opioid CE requirement.

Jurisprudence CE exam: 1 hour needed every three years. This is a recent, less well-known CE update, and this open book “test” is available online.

BLS: Health care provider BLS certification is required every 1 to 3 years, depending the course taken. The current CE rules still allow BLS to count for CE, but there is now a prohibition that only allows 1 hour to count for CE each year that BLS is taken. The dentist may only claim 1 credit per each time the BLS is taken so in a 3 year reporting period they can claim up to 2 credits if they have taken the course twice, assuming in this example that the dentist was certified for 2 years. First aid is not a licensing requirement, but first aid CE does count.

Hypothetical Example:

2019: The below CE taken in ’19 would apply a total of 44 credits towards a dentist’s 2022 birthday deadline for license renewal.

- Attend a 3 credit BLS course and a 3 credit first aid course. (4 total credits claimed)
  NOTE that only 1 of the BLS CE credits applied.
- Attend 6 SCDS meetings (12 credits)
- SCDS Annual Seminar: 7 credits claimed, 3 credits applied to the one-time opioid requirement.
- Other CE: 21 total credits claimed

2020: The below CE taken in ’20 would apply a total of 21 credits towards a dentist’s 2022 birthday deadline for license renewal.

- Jurisprudence online course 1 credit claimed
- Attend 5 SCDS meetings (10 credits)
- Other CE: 10 credits claimed

2021: The below CE taken in ’21 would apply a total of 19 credits towards a dentist’s 2022 birthday deadline for license renewal.

- Attend 4 SCDS meetings (8 credits)
- SCDS Annual Seminar: 7 credits claimed
- Attend a 3 credit BLS course. *NOTE that only 1 of the BLS CE credits applied
- Other CE: 3 credits claimed

This example would have a total of 94 CE credits claimed for the 63 minimum, and demonstrates how only 2 of the two BLS courses’ credits would apply. It also highlights how much CE one can obtain from SCDS resources, as each SCDS meeting provides 2 hours of CE. With that in mind, I will “CU” at the next meeting—our annual joint hygiene meeting on the topic of peri-implant disease, featuring Dr. Kevin Suzuki.

Regards, Pete Pellegrini, DDS, MS
CLASSIFIEDS

Dentist to work some Saturdays in our Dental Assisting School at Smokey Point; April, May, June. Email to helenhussey@gmail.com, or call 360-653-8122.

Need help managing your TMD or Bruxism patients? Patients are released back for your re-exam in 4-8 treatments. Located in Silver Lake Mill Creek area. Chirobody Sports Chiropractic. www.drchirobody.com, 425-338-5537

SHIKOSHA DENTAL LAB is a certified, full-service dental laboratory serving the greater Seattle and Portland areas. Visit us at www.shikosha.com for information about our products and services. 1-800-547-8539.

NO NEED TO MAIL OR WAIT FOR HANDPIECE REPAIR — We come to you! We’re MOBILE — Best Service and Prices, serving Snohomish County and surrounding areas. Campbell’s Handpiece Rescue, Call (425)303-9822.

Calling all General and Specialty Dentists! Does your office look and smell like a dental office? It’s time to treat yourself and your patients to a modern, refreshing dental experience with views of Puget Sound from every window. This fully loaded, turnkey office in Mukilteo, WA with 3 operators (plumbed for a fourth) has low monthly rent and potential 100% financing through Bank of America. High visibility and only one mile from Boeing. Building owner is open to selling property. Please contact Lindsey at 425-466-8595

Need help with your high fear patients? I have treated over 4000 patients with IV Sedation. I am local, flexible and can accommodate your schedule. You can also refer your patient if you choose not to treat them. Aubrey Carter Jr., DDS (425)501-9555.

Seeking Associate Dentist — Marysville. Dr. Cho is looking for a top notch GP to add to his bustling practice. Modern practice with CEREC, Lasers. Send CV to Tiffany Hart at: hartti@pacden.com

Graduating or retiring as a dentist? Want a fun job that will keep your skills sharp? Like working with students? Lake Washington Institute of Technology is looking for a Part Time general dentist for an immediate opening on Mondays. Please go to: https://www.lwtech.edu/about/human-resources/jobs/apply/ page 2 for “dentist.” Any questions call 425-739-8157.

To advertise in the classifieds contact the SCDS office. Deadline is 20th of month for following month. Up to 30 words is just $10 for SCDS Members and $15 for non-members. For 2019 the same classified ad will be included on our website at no additional charge.

WELCOME TO NEW SCDS MARCH MEMBERS!

Drs. Brian Brancheau, Pallavi Golani, Kim Hyojum, Patrick Pacyga, and Allan Wattimena.

APRIL SOCIAL HOUR SPONSORS: Crest Oral B CBC Practice Banking Dental Accounting Pros

ANNOUNCEMENTS

►REGISTER NOW for Basic Life Support for Healthcare Providers & First Aid Courses in Everett on Friday, April 26th. These courses are being offered at a reduced rate as a membership benefit — just $55 for one course or $95 for both. You can print a registration form on our website calendar, or call the SCDS office. Payment is by check only.

►REGISTER NOW for Get Mouthy! A presentation on Oral Cancer Prevention. Wed. April 10th, 5:30PM dinner, 6PM program. Location: Homage Senior Services in Lynnwood. CE credits offered by UW. For info or to register contact: Martha Peppones. 425-290-1264, mpepponese@homage.org

►WSDA Lawsuit with Delta Dental — Visit WSDA.org to hear interview on blog and latest details.

►General Guidelines for Mutual Aid Agreements — Are you prepared if you unexpectedly need to be absent from your practice for an extended period? Visit the ADA website and log in with your ADA # and password. This info is provided to ADA members at no charge: https://success.ada.org/en/practice-management/general-guidelines-for-mutual-aid-agreements

►Need registration forms or info on upcoming meetings? They are available on our website: www.scdentists.org Click on Meetings then Calendar for specific courses and dates. Or contact the SCDS to request a form.

All SCDS General Membership meetings are held at the Mill Creek Country Club starting at 6PM with a Meet & Greet, followed by dinner meeting and 2 credit CE program, ending by 8:30PM. The dinner & programs are always complimentary for SCDS member dentists, $35 for guests.