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Snohomish County
DENTAL SOCIETY



PRESIDENT'S LETTER, Dr. Ivy F. Lin

It is an honor to step into the role of SCDS President. This is an incredibly special milestone for our community, as this year marks the society's 75th anniversary. For three-quarters of a century, SCDS has been bringing local dentists together, and I am excited to help carry that tradition forward.

As we head into the sunnier months, I want to wish everyone a fantastic, restorative, and relaxing summer. I hope you all get a chance to step away from the operator and enjoy some well-deserved downtime. Let's face it: dentistry can be incredibly stressful. Between complex

clinical cases, staff management, and the constant battle with predatory insurance companies, the pressure can easily build up. Recognizing these heavy professional challenges, the WSDA has launched an amazing new Member Assistance Program providing free, confidential mental health support for all members. Members can access up to 3 free face-to-face or telehealth sessions per issue per year. I highly encourage anyone feeling the strain to utilize this supportive resource at wsda.org.

When the seasons shift, I would love to meet anyone I haven't yet had the pleasure of connecting with. Come say hi at our upcoming happy hour in Marysville on August 27th, at our member meetings this fall or at our gala on November 6th. This board is always open to your insights, ideas, and suggestions, so please never hesitate to reach out.

Thank you for your dedication to our profession and our patients. Enjoy the sunshine, take care of yourselves, and I look forward to seeing you all in the fall!

Sincerely, Ivy F. Lin, SCDS President

2026-2027 PROGRAMMING: ANNIVERSARY YEAR!

Looking ahead, our program year is full of opportunities to get your state-required credits (infection control and health equity training) and enjoy some great presenters and informative topics.



We are excited to kick off the year in September with the very popular Dr. Serv Wahan, host and producer, of the Dr. Wahan Experiment podcast. Since debuting in 2020, The Dr. Wahan Experiment has become a big hit across the globe! Dr. Wahan has been called a "dental influencer" by Seattle Met magazine and he has over 120,000 followers on social media. Learn the "behind the scenes" of a local podcast luminary! We will also welcome the ever-popular Dr. David Dean in October. Dr. Dean will present an "oral surgery roundtable" and encourage discussion among attendees while sharing cases he has encountered in his practice.



Get those required classes taken care of too! We will offer Infection Control as a virtual class in January. We are also pleased to offer Health Equity training this year. April Haberman, co-founder of Midovia (and the wife of a dentist), will present on menopause and how it can impact your practice, patients and coworkers. This meeting will be virtual and offered in November. We will round out our program year with Dr. Ben Choi, periodontist, presenting on *Soft Tissue Management Around Dental Implants* in February. Dr. Heidi Johnson will provide a vital class in March and Dr. Amit

GALA CELEBRATES THE SOCIETY'S 75th ANNIVERSARY



Our annual social gathering. Is a long-standing tradition at the Snohomish County Dental Society. It has taken various forms over the years but we always set aside one meeting to gather and socialize. Over the past 30 years we have combined this with a chance to raise funds for our local dental foundation. This year, we will celebrate the 75th anniversary of the Society at our annual gala on **Friday, November 6**, at Hotel Indigo in Everett.

For those who have not attended in the past, we have a plated dinner and live entertainment. We will honor our Special Recognition Award recipient and enjoy the fun of many raffle drawings and the silent auction. We will also have a photo booth, vendor fair and a no-host bar. Its a great night of collegiality for members and guests.

There is no charge for members, and one guest. Additional guests, and non-members, are \$50 per person. Gala registration will open later in the

summer. If you are interested in donating a raffle item, please let Sandra know. Your contribution makes the event more fun and raises money for our wonderful foundation.

PEER REVIEW: THE BENEFIT YOU DIDN'T KNOW YOU HAD!

Most members are familiar with the Washington Dental Commission (formerly DQAC). Most practitioners would prefer *not* to be investigated by WDC for perceived questionable actions or patient complaints. What dentists usually do not know is there is a valuable alternative way to resolve patient grievances. The program is called Peer Review and it is an exclusive benefit of tripartite (ADA, WSDA and SCDS) membership. The Association first established policy on peer review in 1970 with the adoption of the statement on Dental Society Review Committees.



The basics of Peer Review are as follows: When a complaint is received regarding a member dentist, the patient making the complaint is given the option of resolution through Peer Review. A Peer Review Mediator, who is unknown to either the patient or the dentist, is assigned to the case. The mediator is given all the background information and they interview both the patient and the dentist in question. The mediator assesses the information and makes a judgement based on the facts as they understand them to be.

Members are not obligated to participate in Peer Review although it is frequently in their professional interest to do so. Using the Peer Review process

removes the element of legal involvement saving dentists time and money.

There is no charge for this service. If treatment is found to be acceptable, the doctor receives the fees owed by the patient. Parties cannot sue subsequent to a Peer Review decision. The process has been upheld repeatedly by the courts.

According to THE ADA GUIDELINES FOR PEER REVIEW ...*peer review provides the most tangible opportunity for the dental profession to demonstrate its overriding concern: the provision of quality dental care to the patient.*

It strives to be a fair option that is free, expedient and equitable to all parties. For members, it provides a resolution alternative to the state dental board which can take many, many months to come to a decision and may result in a public record of grievance against the dentist.

Peer Review mediators are volunteers who agree to hear cases and rule impartially. Those who volunteer frequently say that they find the experience to be both fascinating and satisfying. This membership benefit is not often discussed, but when you need it, it can be a life-saver.

If you are interested in learning more about Peer Review or volunteering as a mediator, please contact the SCDS office at info@scdentists.org.

Classifieds

Multiple Dental Practices for Sale by Omni Practice Group in Western Washington. Contact Omni Practice Group at 877-866-6053 or info@omni-pg.com for more details. View our nationwide listings at omni-pg.com.

One-of-a-Kind Fairhaven/Bellingham General Practice—Beautiful country setting. Collections \$1.8 million+, 2,500+ active patients, 24 new patients/mo. 6 fully equipped operatories. Contact Frank S Sciabica, DDS at 425-985-8390 or frank@omni-pg.com. Lic.#130877 (WAD557)

Edmonds Dental Office for Sale - 4 Ops, Excellent Reputation - Gross production: \$400,000+. Asking price: \$275,000. Turn-key practice with growth potential! Contact Steve Kikikis at 425-905-6920 or steve@omni-pg.com. Lic.#94563 (WAD629)

For Lease - Shoreline Dental Space - 4 Ops, next to Costco -Nicely finished office in medical/dental professional building. Fully plumbed. Includes parking. Contact Steve Kikikis at 425-905-6920 or steve@omni-pg.com. Lic.#94563 (WAR189)

Bremerton General Dental Practice Collections over \$600,000. Majority of specialty procedures referred out. Eight equipped ops, ready for growth. Contact Frank S Sciabica, DDS at 425-985-8390 at frank@omni-pg.com. Lic.#130877 (WAD677)

North Seattle Pediatric Dental Practice Seeking DSO Affiliation Six operatories. Collections \$2 million+. Below average overhead with strong EBITDA. Multiple doctors. Contact Rod Johnston at 206-979-2660 or rod@omni-pg.com. Lic.#24938 (WAD664)

Bainbridge Island General Practice 4 equipped ops - 2 operative / 2 hygiene. Collections \$1.6mil+. Laser, intra-oral camera, pano. Eaglesoft software. Contact Frank S Sciabica, DDS at 425-985-8390 or frank@omni-pg.com. Lic.#130877 (WAD455)

High Profit, Low Overhead General Practice in Kitsap County! Steady revenue growth, collections \$1.2million+. 4 Operatories; newer CBCT. Owner willing to work back. Contact Jen Bennett at 206-683-8966 or jen@omni-pg.com. (WAD661)

Price Reduced! Well-Established Everett Practice Grossing \$700K Price reduced by \$100,000! 4-operator practice with 2 additional plumbed. High-visibility location. Contact Frank S Sciabica, DDS at 425-985-8390 or frank@omni-pg.com. Lic.#130877 (WAD552)

Whidbey Island General Practice with Great Cash Flow Collections near \$1mil, 3 operatories, 10 new patients/month. Building also for sale. Contact Frank S Sciabica, DDS at 425-985-8390 or frank@omni-pg.com. Lic.#130877 (WAD483)

Bellingham General Dental Practice Annual collections of approximately \$400,000 in this three-operator, well-established practice. Great location with lots of parking. Contact Rod Johnston at 206-979-2660 or rod@omni-pg.com. Lic.#24938 (WAD544)

Instructing Dentist Needed - LWTI—Graduating or retiring as a dentist? Want a fun job that will keep your skills sharp? Like working with students? LWTech is looking for a general dentist for an opening on Tuesdays and/or Wednesdays. Go to: <https://www.schooljobs.com/careers/lwtech?keywords=&page=3> Look for dentist. If you have questions please email Kellie.whitcomb@lwtech.edu

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Drs. Timothy Lin, Ben Choi and Matt Lee at a 2026 member meeting.

AUGUST 27 HAPPY HOUR IN MARYSVILLE

Kick off the fall with a happy hour in Marysville! Join us Thursday, August 27 from 6 – 8PM for an informal gathering with dental friends! We are showing some love to our colleagues from the north and hosting a fun event north of Everett. Everyone gets a free drink. Big Sky BBQ food truck will be on hand to provide delicious eats to go with your beer. Wine and nonalcoholic beverages are also available. Register online on the SCDS website or with the QR code here. Thank you our sponsors Bank of America Practice Management, McKay Transitions and MD Architects.



Five Rights Brewing is an award-winning, family-friendly brewery and taproom known for its high-quality craft beers and welcoming atmosphere. It is located in the historic Carr's Hardware Building in Old Town Marysville, at 1514 3rd Street. It's easily accessible from I-5 and parking is available.

The brewery draws inspiration from the "5 Rights" of nursing — the right patient, medication, timing, dosage, and method — and applies the same meticulous care to brewing, ensuring the right water, grain, yeast, hops, and ultimately the right beer. *Cheers to friends and fun. We hope to see you there!*

PROGRAMMING, CON.

Wadke will be presenting on TMJ and facial pain in April. The WSDA Board President will speak at our May meeting. As an added bonus, the WSDA President will be our own member, Dr. Brittany Dean. Learn more about all our meeting speakers on our website.

Meetings are free for members! Get your CDE credits, enjoy time with colleagues and get re-inspired to love the work you do. Member meetings are a great time to network, ask questions, learn new tips and immerse yourself in all things dental! We welcome you to join us and bring your friends who might not yet be members. Registration is on our website. You can also contact Sandra at the office at info@scdentists.org or at 360-419-7444 for more information.



Drs. Jennifer Meader, Sonu Lamba, and Brittany Dean

FOUNDATION HELP NEEDED

The Snohomish County Dental Foundation – *your foundation!* – has had a great year thanks to the amazing support of our members. In 2026, we have been able to fund the following organizations:

- Seattle-King County Clinic
- Luma NW (formerly Assistance League)
- Lahai Clinic
- Imagine Children's Museum
- Sno-Isle Tech

Now we are asking that you partner with us in providing sample-size toothpaste and floss to support children in the Everett school district. Luma NW (formerly Assistance League) provides supplies to low-income kids who are getting ready to go back to school. Our Foundation was able to fund nearly 5,000 toothbrushes this year. But we need your help to provide *all* the oral hygiene items that kids need to start the school year well. If you have extras that you are willing to donate, please contact the SCDS office by **July 30**. Sandra will make arrangements to gather and deliver all donated supplies. Please email at info@scdentists.org

YOUR SCDS OFFICERS:

President:

Dr. Ivy Lin

President-Elect:

Dr. Andrew Sholudko

Secretary:

Dr. Aimi Kuwahara

Treasurer:

Dr. Jason Bourne

Past-President:

Dr. Tyler Rumble

Executive Committee:

Dr. Michael Gross

Dr. David Kraayenbrink

Dr. Gail Kautzman

Dr. Matthew Lee

Dr. Stacey Sype

Executive Director:

Sandra Anderson

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Seattle WA 98107

Phone/Text:

(360) 419-7444

E-mail: info@scdentists.org

Website: scdentists.org

FALL MEMBER MEETINGS

Always free to members, including dinner at our in-person meetings

SEPTEMBER 16

WEDNESDAY,

IN-PERSON, 6 - 9PM



The Wahan Experiment & Dental Podcasting, featuring Dr. Serv Wahan. In 2025, Dr. Wahan, was featured in *Seattle Met* magazine, for his dental video podcast. This isn't just *any* podcast. Dr. Wahan has over 120K **followers** on all platforms and he is ranked in the top 10% of podcasts on Spotify. His podcast episodes have run the gamut: common medical emergencies in dental settings, sedation concerns with redheads (who may require more anesthesia) and cannabis users, or the nitty-gritty on how to treat jaw dislocations. Today, his podcast is highly rated all over the world. In fact, *The Dr. Wahan Experiment* is heard in 72 counties and it is highly ranked in the US, Canada, Australia, Mexico and Poland. His total audience grew by 266% in 2025. All this and he still works full-time as an Oral Surgeon with OM3 Oral Surgery in Snohomish County. He also served as President of the Snohomish County Dental Society in 2013-2014. Dr. Wahan will talk about how he got his start in podcasting, topics he has covered, the responses he has received from his audience and some of the most challenging, and fun, aspects of his hobby in dental education along with oral surgery complications. The meeting will be held at Shawn O'Donnell's in Everett. Learn more and register on our website at www.scdentists.org/meetings-events.

OCTOBER 21

WEDNESDAY,

IN-PERSON, 6 - 9PM



Oral Medicine Roundtable: Interesting Cases in Clinic Practice, with Dr. David Dean. Dr. Dean, will draw from his lengthy experience as an Oral Surgeon and share unique and interesting cases. He will encourage discussion and questions in this informal presentation. Dr. Dean is the Oral Medicine graduate program director at the University of Washington SOD, and the clinical director of the Oral Medicine service at Seattle Cancer Care Alliance. A lifelong Husky, he completed his BS, DDS, and MSD in Oral Medicine at UW. He is a diplomat of the American Board of Oral Medicine, a fellow in the Royal College of Surgeons Edinburgh, a fellow in the American College of Dentists, and a *Seattle Met* "Top Dentist" in the field of Oral Medicine. Academic honors include the Bruce R. Rothwell distinguished teaching award, and the UWSOD Dental Alumni Faculty award, among many others. He lives in Edmonds with his wife, Dr. Brittany Dean (a pediatric dentist) and his dog Hardy (a literal Husky). He enjoys collecting books and lifting heavy things. The member meeting will be held at Shawn O'Donnell's in Everett. Social hour begins at 6PM and the meeting concludes by 9PM. Please RSVP no later than October 19. Learn more on our website at www.scdentists.org/meetings-events.

NOVEMBER 18

WEDNESDAY,

VIRTUAL 7- 9PM



Menopause and Oral Health: Supporting Patients and Teams Through Mid-life Hormonal Change, with April Haberman. April Haberman is CEO and Co-Founder of MiDOViA, the only provider of independent Menopause Friendly Accreditation in the United States. A certified Women's Health Coach with more than a decade in global women's health, she mentors with the UW Foster School of Business Entrepreneurial Leadership Program, serves on the Women in Global Health Seattle Advisory Panel, and is a Women in Cloud Global Wellness Award winner and Washington State Young Mother of the Year (2015). She speaks frequently at corporate, non-profit, and global health events, including engagements with the Gates Foundation. She has partnered with organizations such as CVS Health, Microsoft, Starbucks, and Genentech. April is also married to longtime Society member Dr. Jim Haberman, who practices in Edmonds. Menopause affects millions of women during their peak working and caregiving years, yet most healthcare professionals receive little formal training on it. In this virtual session, April will cover the stages of menopause, its oral health implications (dry mouth, gum disease, bone loss, and higher cavity risk), and the role dental teams can play in supporting both patients and colleagues. Attendees will leave with practical strategies for recognizing symptoms, improving patient communication, and building a more supportive practice culture. Registration at www.scdentists.org/meetings-events.

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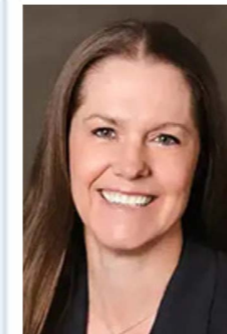
A TRUE PARTNERSHIP MODEL

"I didn't want to sell my practice—I wanted a true partnership.

Maintaining full clinical autonomy was non-negotiable, and with ICON, I'm still in complete control of my clinical and staffing decisions while receiving tremendous support with non-clinical responsibilities."

— **Dr. Stacey Sype**

General Dentist | Mukilteo, WA



THE BEST OF BOTH WORLDS

"After partnering with ICON, I am still my own boss. I set my own schedule, take my regular vacations, and hire the staff I choose.

ICON has found a way for dentists to remain in control of their practices while being part of a larger organization that provides support, camaraderie, and opportunities for continued growth."

— **Dr. Hilary Dunstan**

Endodontist | Boise, ID



COMPLETE PEACE OF MIND

"Since partnering with ICON, my stress level has dramatically decreased. I can finally take time away from the practice with complete peace of mind, knowing everything is being handled by a team I trust.

ICON has allowed me to focus more on my patients and my personal life."

— **Dr. John McKnight**

General Dentist | Leavenworth, KS



IMPROVED PROFITABILITY

"ICON provided the guidance and resources we needed to transition away from low-paying PPOs and improve profitability.

Their support has been invaluable, and we're excited to continue building our future together."

— **Dr. Kendall Scholes**

Periodontist | Chandler, AZ

