NEWSLETTER OF MARCH, 2020



NEXT MEETING:

Wed., March 18th, 2020

PROGRAM— 2 Credits

Controlling Your Controllables: Drive the Results you want, by controlling what you can. Sponsored by Burkhart Dental

SPEAKERS:

Michael Dinsio, MBA, and Steve Pavliga

PLACE:

Mill Creek Country Club

TIME:

6:00PM Meet & Greet followed by dinner, meeting & program, ending 8:30PM.

RSVP REQUIRED:

Please RSVP by NOON, Friday, March 13th. TEXT or Call 360-419-7444 or email info@scdentists.org

Meals and program are complimentary for SCDS members; Guests \$40pp.

The entrée is Italian—Chicken Cantilloni, OR a Vegetarian Manicotti is available by advance request.

ABOUT THE PROGRAM

There are many things practice owners and associates can not control in their business. Employees not showing up, Insurance company cutting fees, even economic conditions of the State. This course is intended to motivate and inspire dentists to focus on what they CAN control, and inspire changes to make in 2020 and beyond.

View full details and speaker bios on our website:

www.scdentists.org and click on our Calendar of Events.

PRESIDENT'S LETTER — By Dr. Alexis Apatoff

As we approach spring, it seems as though bears aren't the only ones inching out of hibernation. After our record setting days of rain in a row this winter, us humans must find ways to bring ourselves out of hibernation too. When the sun shines brighter and longer, it can serve as inspiration not only to get outside and enjoy the riches of the Pacific Northwest, but to shake up our routines a bit.

In case, like the bears, you have been in a cave this winter and missed the exciting news that the Pacific Northwest Dental Conference will be back in Seattle this year, here is your reminder. The location isn't the only shake-up, as this year's conference will be earlier than usual- May 28-30. Take this opportunity to register yourself and your team (or encourage your boss to if you aren't the owner). Change up the tedious commute to the conference every day and book the whole group hotel rooms. Make it a team building experience in downtown Seattle while everyone gets high quality continuing education. You never know what pearl you or your team might learn to change your practice for the better.

Another way you can alter your routine is to get involved with organized dentistry. This is one way you can honor your chosen profession and strive to make it just a little better for those that will come next. At SCDS, you can be on the executive board, represent us as a delegate at the WSDA house of delegates, serve on the Foundation board, or even all of the above! If any of that piques your interest, let Judy, me, or another board member know; we would love to have your ideas!

The lead up to spring is a great time to not only get rid of the cobwebs in our houses with our spring cleaning, but to dust off our bodies and brains as well. While I may not be able to help you perfect your workout routine for that summer body, I can help encourage a new routine of getting involved at SCDS or a new habit of creating a bonding experience with your team at the PNDC.

A Special Thank You To the Vendors at our February 28th Seminar GOLD Level

3M Oral Care Solutions Division Banner Bank Big Sky Northwest ClearCorrect Voco America, Inc.

SILVER Level

Avitus Dental Management Services
Benco Dental
Burkhart Dental
Carestream Dental
Clinician's Choice Dental Products
Dental Accounting Pros
Garfield Refining Company
GC America Inc.
Heritage Bank

Kettenbach

LumaDent, Inc.
Nakanishi Dental Laboratory, Inc.
Orascoptic
Pacific Underwriters
SB&C, Ltd.
Straumann
Surgically Clean Air
WDIA / TDIC
Wells Fargo Practice Finance

TOOTHAPALOOZA!!

Group shot of some of our
Terrific Toothapalooza Volunteers
who helped make this year's
Give Kids A Smile event at
Imagine Children's Museum in Everett
a huge success. Find more details &
photos on our website!

A **SHOUT OUT** to Burkhart Dental & Henry Schein Dental for each providing two dental chairs for this event!



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SCDS SPECIAL RECOGNITION AWARD

Each May our Society recognizes one SCDS member dentist for volunteer activities. WHO DO YOU KNOW?

If you are aware of a dentist who is making a difference, please email the SCDS office with his or her name and why you think they should be nominated. The deadline is April 1st, and the recipient will be honored at our May meeting.

Save the Date! SCDS Annual Gala

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& Staff Appreciation Night Thurs. November 12th, 2020 5:30PM-8:30PM at the Lynnwood Convention Ctr.

DO YOU HAVE AN IDEA FOR ENTERTAINMENT AT THE GALA??? Inspirational or Motivational speakers, local "celebrities, comedy, musical groups, performing acts. Share your ideas with our program committee! Email: info@scdentists.org

YOUR SCDS OFFICERS:

President Dr. Alexis Apatoff
Pres-Elect Dr. B. Ardi Pribadi
Secretary Dr. Daniel Brady
Treasurer Dr. Shahin Etemadi
Past-President: Dr. Peter Pellegrini

Executive Committee:

- Dr. Nicholas Conley
- Dr. Jennifer Heming
- Dr. Jennifer Meader
- Dr. Clio Samia-Lindenauer
- Dr. Andrew Sholudko

Executive Director

Judy Bangs

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Phone/TEXT:

(360)419-7444

E-mail:

info@scdentists.org

Website:

www.scdentists.org

CLASSIFIEDS

Mid-town Everett practice for sale. 4 operatories. Easy access with on-site parking. Legacy practice - This location has been a dental office for over 60 years. Practice for sale has been at this location since 1988. If interested in learning more, call Rod Johnston at OMNI (877) 866-6053.

- FREE Massage for the Whole Office. 1-Hour free chair massage event brought to your office. You supply the staff, we supply the relief. (425)-338-5537. Chirobody drchirobody drchirobody drchirobody drchirobody.
- ■SHIKOSHA DENTAL LAB is a certified, full-service dental laboratory serving the greater Seattle and Portland areas. Visit us at www.shikosha.com for information about our products and services. 1-800-547-8539.
- ■Need help with your high fear patients? I have treated over 4000 patients with IV Sedation. I am local, flexible and can accommodate your

schedule. You can also refer your patient if you choose not to treat them. Aubrey Carter Jr., DDS (425)501-9555.

■10% Off Handpiece Repair for SCDS Members. NO NEED TO MAIL OR WAIT FOR HANDPIECE REPAIR — We come to you! We're MOBILE — Best Service and Prices, serving Snohomish County and surrounding areas. Campbell's Handpiece Rescue, Call (425)303-9822.

Looking tor an Associate or to find an Associate position? Or to Buy/Sell A practice? Or for Employees? Or coverage for vacation or medical leave?

Be sure to let Judy at the SCDS office know as we are often a first point of contact and would love to make connections. Remember, you can also post on our Society's Facebook page. Just the basics, never specifics of pay or benefits. If you haven't joined our FB page yet, just visit our website for the link or search our name on FB.

NOMINATIONS

Interested in serving on the SCDS Executive Committee, Foundation Board, or the WSDA Board? Please contact the SCDS office for open leadership positions.

MUTUAL AID GROUP

Are you looking to establish a Mutual Aid Group in case of unexpected disability, call to service, etc.? If so, the ADA provides a document for free to ADA members. Check it out at:

https://success.ada.org/en/ practice-management/generalguidelines-for-mutual-aid-

agreements

Under the "Supporting Materials" click Guidelines for Mutual Aid Agreements. You'll need your ADA # and password to login. It's truly critical to have a document and group llike this in place.

■ Need registration forms or info on upcoming meetings? They are available on our website: www.scdentists.org

ANNOUNCEMENTS

- ▶ REGISTER NOW for Basic Life Support for Healthcare Providers & First Aid Courses in Everett on Friday, April 24th. These courses are being offered at a reduced rate as a membership benefit Just \$55 for one course or \$95 for both. Forms were mailed with the January newsletter, or you can print a registration form on our website calendar, or call the SCDS office.
- ▶ REMINDER: Help Snohomish County Dental Foundation Earn Cash!
- 1) Fred Meyer Community Rewards Take 2 minutes to link your Rewards card and earn a donation for our Foundation every time you shop. Go to www.fredmeyer.com/community rewards search by our name or non-profit #UJ743 This is an easy way to support our Foundation!

2) SHOP www.Smile.Amazon.com

Next time you place an Amazon order, simply search & select *Snohomish County Dental Foundation*. Amazon donates 0.5% of the price of your eligible AmazonSmile purchases to the charitable organization of your choice. AmazonSmile is the same Amazon you know. Same products, same prices, same service. Thanks to everyone already donating! **Each \$1 = a toothbrush kit for 1 child.**

THANK YOU FOR BEING AN SCDS MEMBER!

All SCDS General Membership meetings are held at the Mill Creek Country Club starting at 6PM with a Meet & Greet, followed by dinner meeting and 2 credit CE program, ending by 8:30PM. The dinner & programs are *always complimentary* for SCDS member dentists, \$40 for guests.