NEWSLETTER OF MARCH 2022



Save the Date: Member Meeting Wednesday, April 20, 2022
Dental Traumatology Treatment & Your Practice: A Panel Discussion



We're excited to announce this dinner meeting and course will be LIVE AND IN PERSON at Shawn O'Donnell's restaurant in south

Everett! Our panelists include three Dental Specialists: Dr. Nester Cohenca, who teaches at UW SOD; Dr. Barbara Sheller, from Children's Hospital and Dr. Andrea Burke from Harborview Medical Center. They will each share their experiences and then take questions from our moderator and attendees.

Place: Shawn O'Donnell's restaurant banquet room, 122 - 128th St SE, Everett, WA 98208. Plenty of free parking located in the back. *Time*: 6:00PM Meet & Greet with No-host bar and Sponsors, followed by BUFFET Dinner, Meeting, & Program, ending by 8:30PM.

Credits: 2

Cost: Complimentary for SCDS member dentists, \$40 per person for all guests. Payable by CASH or CHECK at the door (no debit/credit).

Please Note: No Shows or cancellations after deadline will be invoiced \$40 per person.

RSVP to SCDS by Noon Friday, April 15, 2022, by email: info@scdentists.org or text or call (360) 419-7444. Vegetarian meals by advance request only.

SPACE IS LIMITED SO REGISTER EARLY.

Thank you to our Sponsors! Meet them in person at the meeting!

PRESIDENT'S LETTER Dr. Daniel Brady, Executive Committee President



During the last two years I have had more time for something I had neglected a lot during dental school and residency - reading for diversion. Right before the pandemic 57% of American adults admitted to never picking up a book in a year. For every 17 minutes of reading, there were 5.4 hours of phone gazing. Novels have especially been hit hard. Reading fiction has been shown to be one of the most effective ways of improving empathy. And no, it cannot be duplicated with movies, episodes, social me-

dia, or video games. Reading fiction has even been called an "empathy gym" to train our emotions for real world interactions. I admit that I am not naturally drawn toward fiction, but I have seen the positive effects in my life as I read it more regularly. I have seen improved relationships with my family, friends, patients, and coworkers. In a time of increasing philosophical divisions, we need empathy more than ever. I recently heard a story about an eighty year old man who was so excited when he realized he was wrong about something. When asked about his response, he said he was excited to find out he was wrong because it meant he learned something that day and his mind was expanded. I love that response. May we all embrace that kind of humility and desire for growth. I look forward to things opening up and being able to see more of you in person.

TOOTHAPALOOZA 2022: BACK IN-PERSON!



The Snohomish County Dental Society was delighted to join forces with Imagination Children's Museum, in Everett, and Sno-Isle Tech, to produce the 2022 Toothapalooza event. It was the 15th year for this great community gathering. This year we added representatives from the Arcora Foundation, the Snohomish Health District and Snohomish Community Health Clinics. We appreciate their contribution of information and resources. Eight member dentists provided

mini-exams for the attendees. Thanks to Drs. Kelly Anderson, Tomomi Ida, Dan Brady, Yangling Liu, Daniel Seetin, Dan Shaw, Andrew Sholudko, William Webley and Jan Shaw, RDH.

The ever-popular Tooth Fairy made an appearance, along with music, games, stories, science experiments and the prize wheel. We are grateful for the hard work of Lori Brush, Creative Director of Imagine Children's Museum, and Karyn Gray, RDA instructor at Sno-Isle Tech. We had 15 Dental Assisting students volunteer both before, and during, the event. They filled over 2,000 goody bags with toothpaste, floss and tooth brushes, so every child visiting the museum can have one to take home. Funding for Toothapalooza was generously provided by the Arcora Foundation, the American Dental Association, Colgate, and the Snohomish County Dental Foundation. We look forward to celebrating Children's Dental Health month again next year. Check out our Facebook page for more photos!

WSDA Launches "Stop Big Sugar" Campaign



Unfortunately, Washington's otherwise stringent public disclosure laws have one major loophole: They allow some non-profit groups to spend significant sums on lobbying-related activities

without disclosing whether a special interest is paying for their work. An example of this loophole is dental therapy lobbying undertaken by Children's Alliance, Statewide Poverty Action Network, and others that is funded by the W.K. Kellogg Foundation without public disclosure. The Foundation has spent millions funding comprehensive advocacy campaigns pushing dental therapy here in Washington and across the country. The launch of "Stop Big Sugar" is a multi-faceted approach, starting with paid advertising on the websites of many of the state's daily and weekly newspapers, including The Everett Herald. WSDA encourages you to see the ads for yourself. They also encourage you campaign the www.StopBigSugarWA.com, share it with your friends and colleagues, and post on social media. Encourage others to sign the pledge to Stop Big Sugar. WSDA strives to be a solution-oriented organization focused on finding ways to improve access to quality dental care for all Washingtonians. This campaign is funded 100% by WSDA - a fact they openly share because they believe in total transparency. And because they also believe that better solutions to dental care are possible once we cut out Big Sugar.

Welcome to these new SCDS Members who have joined since January 2022!

Dr. Nishita Bahl

Dr. Anna Beers

Dr. Kavitha Gowda

Dr. Samiksha A. Gulrajani

Dr. Tomomi J. Ida

Dr. Sara Sobhani

We appreciate you!

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www.Smile.Amazon.com: Next time you place an Amazon order, simply search and select Snohomish County Dental Foundation. Amazon donates 0.5% of the price of your eligible AmazonSmile purchases to the charitable organization of your choice. AmazonSmile is the same Amazon you know. Same products, same prices, same service. Thanks to everyone already donating!

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THANK YOU to these members who donated to the Snohomish County Dental Foundation in 2021.

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