NEWSLETTER OF

Snohomish County DENTAL SOCIETY

Save the Date: Wednesday, February 15, 2023 How a Local Lab Can Benefit Your Practice



Over the past 25 years, dental labs have undergone some big changes. Outsourcing to China, new materials, and a shortage of technicians all play a part. Local expert, Tim

Trosvig shares his thoughts. Joining him are Kleve Hansen, former Washington State Dental Laboratory President, and Mo Bashabsheh fixed manager at Trosvig Dental Lab. Join us for an informative CDE.

Our Presenter: Tim Trosvig has spent most of his life around the dental field. His father practiced dentistry for over thirty-five years and helped fuel Tim's passion for dental technology. Tim attended North Park University before opening his Dental Lab in Everett 20 years ago. His lab grew from a oneperson operation, into a facility that is fitted with the newest and most reliable technology in the field. Tim's passion for Dental Technology ensures that his Lab is always on the cutting edge of the dental process.

TIME: 6:00 - 8:30 PM, 2 CE PLACE: Shawn O'Donnell's banquet room, 122 128th Street SE, Everett, Free parking is located in the back. RSVP by Monday, Feb. 13 Register online on our webpage at : https://www.scdentists.org/classregistration - - - February-15-2023 or

contact the SCDS Office at 360-419-7444, or email at: info@scdentists.org.

Vegetarian meals by advance request. **COST:** Complimentary for SCDS member dentists, \$40 pp for all guests. Payable by CASH or CHECK at the door (no debit/credit).

Thanks to our Sponsors: WDIA, Columbia Bank, and Core Scientific. Meet them in person at the meeting!



PRESIDENT'S LETTER, Dr. Clio Samia-Lindenauer Hello fellow Sno-Co dentites!

The new year is now less new, but I'd like to take a minute to talk about being a new dentist in our Snohomish County Dental Society. Overall our profession is getting younger and more

diverse in various ways. If you're a recent grad you have a unique set of experiences, debt levels, professional pressures, and clinical skill sets than those of us even 5-10 years out of dental school. Learning to navigate your career is a whole new endeavor, and there are a lot of ways in which the SCDS can help. In terms of bang for your buck the CE hours are worth the dues, though personally the biggest benefit I found joining the SCDS as a new dentist was connection to other dentists in our area. Meeting other young dentists brings an immediate set of colleagues that can become long term friends and referrals (even GP to GP). Getting to know older members in the society gives invaluable mentorship and perspective on the evolution of a dental career locally and more broadly.

For our younger members - please don't be shy - introduce yourselves and meet people at our meetings, ask questions, and teach us how to use social media like a Gen Z-er. For our older/more seasoned members - your years in practice, business, successes, and failures are experiences we want to hear as we fumble through the first few (or more) years.

See you all in person at the next meeting, and hopefully lots of you at Toothapalooza!

HAVE YOU RENEWED YOUR MEMBERSHIP?



In the rush of the holidays it's easy to forget to renew your tripartite (ADA/WSDA/SCDS) membership. Membership renewal information came out in November. This year, the ADA will be formally be dropping anyone who has not renewed by March 2023. In the past, that deadline stretched later into the year. Don't miss out on all the benefits of organized dentistry at the local, state and national levels.

Dr. Dang wins the door prize.

If dues are a concern, let us know. There are systems in place to help all members stay involved. Dues Waivers can

be granted for people in various situations. Just reach out to Sandra at the SCDS office to inquire. Between jobs? Health issues? Everyone has times when the bills mount up. Do not hesitate to reach out if a Waiver might be helpful.

If you' are retired, don't let you membership lapse! By submitting a retired affidavit, your dues can be reduced. If you are no longer actively practicing dentistry for pay, you may qualify.

Our Snohomish County Dental Society community is so vibrant and supportive! Don't miss out on free CDE, networking and collegiality, volunteer opportunities, and more. Lastly, we are stronger together and the collective voice of our membership can help make the profession what we want it to be. Renew today!

Oral Cancer Foundation Walk 2023



According to the National Institute of Health (<u>Oral Cancer</u> | <u>National Institute of Dental and Craniofacial Research</u> (<u>nih.gov</u>)) Oral cancer accounts for roughly three percent of all cancers diagnosed annually in the United States, or about 53,000 new cases each year. Oral cancer most often occurs in people over the age of 40 and affects more than twice as many men as women. Most oral cancers are

related to tobacco use, alcohol use (or both), or infection by the human papilloma virus (HPV). As oral health practitioners, dentists are most likely to identify an incident of oral cancer in their patients.

The Oral Cancer Foundation works tirelessly to champion research, reduce suffering and save lives through prevention, education, advocacy, and patient support activities. This year, consider participating in, or donating to, the 2023 Oral Cancer Walk. The walk will be held April 29, 2023, in Kirkland, at the lovely Juanita Park. Registration starts at 9:00AM and the Walk starts at 10:00AM. Consider forming a team, or gather your staff and walk together. Contact event coordinator Michael Cranstoun for more information at <u>mikecra@comcast.net</u> or 206-498-5471. Please help promote the event through your social media outlets with the link **#OralCancerWalk**. Go to the Oral Cancer Walk website for more details on how you can participate, donate or both.

https://ocf.donordrive.com/event/washington.

YOUR SCDS OFFICERS: President: Dr. Clio Samia-Lindenauer President-Elect: Dr. Nicholas Conley Secretary: Dr. Tania Tran Treasurer: Dr. Andrew Sholudko Past-President: Dr. Daniel Bradv **Executive Committee:** Dr. Jennifer Chan Dr. JiWon Gwak Dr. Matthew D. Lee Dr. Ivy F. Lin Dr. Tyler Rumple **Executive Director:** Sandra Anderson

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SEATTLE-KING CO CLINIC April 27-30, 2023

The Seattle/King County Clinic (SKCC) brings together health care organizations, civic agencies, non-profits, private businesses, and volunteers from across Washington state to produce a giant free health clinic at Seattle Center. Those interested in volunteering at the SKCC can sign up at https://seattlecenter.org/volunteers/. SCDS member dentists Brittany Dean and Ivy Lin have served as Dental Team Directors at past events. Those who have volunteered in the past say it's an inspiring and memorable experience.



Due to logistics limitations, the 2022 SKCC provided vision services only. This year will see the return of *all* services, including of dental care the most requested service at past clinics. Dr. Brittany Dean is pictured with Dr. Elissa Maynard, at the 2015 clinic.

CLASSIFIEDS

■ Beautiful, Newer Marysville Dental Practice For Sale 4 ops, annual collections over \$400K. Endo referred out. No marketing in place. Room for growth. Contact frank@omni-pg.com; 425-985-8390. (WAD433)

■ Well-Established Luxurious General Dental Practice Motivated seller. 3 ops, potential for 4. Most endo, perio, OS, and pedo referred. Two hygienists FULLY BOOKED! Contact rod@omni-pg.com; 206-979-2660. (WAD397)

■ Whidbey Island General Dental Practice - Long established, stable, nicely appointed practice grossing 550K with high net. Great location. growing area. Room for growth! Contact frank@omni-pg.com, 425-985-8390. (WAD429)

■ Thriving General Dental Practice in Charming Poulsbo Near the Bay - Busy street. Averaging 35 new patients per month in 2021. Room to grow. Contact Frank - frank@omni-pg.com; 425-985-8390. (WAD378)

■ Poulsbo/Bremerton Area General Dental Practice - Annual collections over \$600,000. Four operatories, 2,100 sq. ft. with digital x-rays. Contact frank@omnipg.com or call 425-985-8390. (WAD415)

■ Bellingham WA Dental Office Condo -Great opportunity for a start-up. Great visibility and access. Asking Price: \$700,000. Address: 3628 Meridian St, #2A, Bellingham. Contact Steve@omnipg.com, 425-905-6920 (WR135).

■ Need help with your high fear patients? I have treated over 4000 patients with IV Sedation. I am local, flexible and can accommodate your schedule. You can also refer your patient if you choose not to treat them. Aubrey Carter Jr., DDS 425-501-9555.

 SHOUT OUT TO SPONSORS
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