NEWSLETTER OF OCTOBER 2019



#### **NEXT MEETING:**

Wed., October 16th, 2019

#### **PROGRAM— 2 Credits**

Winning the Insurance Game

#### **SPEAKER:**

Leah Lochner, Sponsored by Avitus Group



PLACE: Mill Creek Country Club

#### TIME:

6:00PM — Meet & Greet Followed by dinner meeting & program, ending 8:30PM.

#### **RSVP REQUIRED:**

Please RSVP by NOON, Friday, Oct. 11th which is when Mill Creek CC needs our meal count. FREE for SCDS members; Guests \$40. Call/TEXT: 360-419-7444 E: scdentists@comcast.net

The entrée is Pork Loin. Vegetarian option must be ordered in advance.

#### ABOUT THE PROGRAM:

Leah is supervisor for Avitus Virtual Dental Billing with 26 years experience setting systems and leading dental practices. She'll cover implementing systems in your practice for proper coding, financial accountability, and winning at the insurance game to help you train your team on best practices.

Please view full course description & speaker Bio on our SCDS website calendar.

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See our website for full details on this and other courses: www.scdentists.org

# **President's Letter**

By Dr. Alexis Apatoff



Now that we are officially into Fall, the holidays are sure to creep up on us quickly. The first big one for us as dentists is, of course, Halloween. I'm sure I'm not the only one who has wrestled with the existential dilemma of what to give out to trick-or-treaters. Am I the boring neighbor who hands out floss instead of candy? Or do I give out candy and die a little inside with each handful that goes into the kids' bags? I always end up giving out candy, but never anything hard or sticky; I usually go with a mix of chocolate candies.

I understand that little treats can have a big impact on one's overall mental and physical health, kids included. In that regard, I would like to remind you all to start considering how you will treat yourself this upcoming holiday season.

The holidays can be a busy and stressful time and can be overwhelming if we don't take care of ourselves. Find something that works for you to cope with the stresses that may arise and think of it as a treat; some ideas to consider might be a workout at the gym, dinner with friends, a massage, or a hike. Of course there will be lots of sugary treats around this time of year and if that's your thing, like it is mine, you should allow yourself small indulgences, but try not to go overboard.

A way you can treat both yourself and your staff this season is by attending the SCDS Annual Gala and Staff Appreciation Night on Thursday, November 14th at the Lynnwood Convention Center. This event is also a fundraiser for our Dental Foundation. It's always fun to get to meet significant others and team members of other member dentists in our society. Our Gala is a wonderful way to start ushering in the holiday season. If you need it, you can find a registration form on our website: www.scdentists.org

I wish you all a wonderful month and I look forward to seeing you at the October meeting and our Annual Gala in November.

# REGISTRATION CHECKLIST — Are you registered?

■ Wednesday, Oct. 16th — SCDS General Membership Meeting (2 Credits). Mill Creek C.C.

donation to our Foundation to reserve seats, assigned by date of registration.

- □ Friday, Oct. 25th BLS for Healthcare Providers & First Aid Courses, in Everett. REGISTER NOW!
  BLS: 8:30AM—11:30AM (1 credit) First Aid: Noon—3PM (3 credits). \$55 for one course, \$95 Both These courses are being offered at cost to SCDS members and staff as a membership benefit.
  □ Thursday, Nov. 14th— Annual Gala, Foundation Fundraiser & Staff Appreciation Night.
  REGISTER NOW! Free for each SCDS member dentist and one guest, \$55pp staff/others.
- Friday, February 28th, 2020 Annual SCDS Seminar at the Lynnwood Convention Center. 7 Credits. Speaker: Marc Geissberger, DDS. Topics: The Oral Cavity under Acid Attack & Treatment Planning. Co-sponsored with UW School of Dentistry. View full details & register online: www.uwcde.com REGISTER BY 10/31 for Early Bird Rates.

5:30PM-8:30PM. Social Hour, Raffle, Dinner, and Entertainment. Make a \$100 tax-deductible

REMINDER: You may print registration forms on our website calendar or contact Judy at SCDS office.

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## SCDS SPECIAL **RECOGNITION AWARD** Nominate a SCDS Member!

Each May our Society recognizes one member dentist for volunteer activities or community service - either local and/or foreign.

If you are aware of a dentist who is making a difference, please contact the SCDS office with his or her name and why you think they should be nominated. Nominations may be made anytime during the year, and the deadline is April 1st. The recipient will be honored at our May meeting. See a list of past recipients by clicking the News tab on the SCDS website. \*

### **SHARE YOUR IDEAS** FOR PROGRAM TOPICS **AND SPEAKERS**

Is there a topic or speaker you'd like to hear at one of our 2020-2021 monthly programs or annual seminar? Please let us know as we are starting to book now. Email suggestions to Judy: info@scdentists.org

#### YOUR SCDS OFFICERS:

President Dr. Alexis Apatoff Pres-Elect Dr. B. Ardi Pribadi

Secretary Dr. Daniel Brady

Treasurer Dr. Shahin Etemadi Past-President: Dr. Peter Pellegrini

#### **Executive Committee:**

Dr. Nicholas Conley

Dr. Jennifer Heming

Dr. Jennifer Meader

Dr. Clio Samia-Lindenauer

Dr. Andrew Sholudko

#### **Executive Director**

Judy Bangs

#### SCDS Mailing Address:

1214 Alpine View Drive Mount Vernon, WA 98274

## Phone/TEXT: (360)419-7444

#### E-mail:

info@scdentists.org

#### Website:

www.scdentists.org

# CLASSIFIEDS

■Long term Associate Wanted

- Partnership potential: I am looking for a highly-skilled, confident, friendly and motivated associate to replace a retiring associate in my private practice. Full time. Established, well-reviewed general practice with growth/ partner-ship potential! Submit vour CV to:

drsamia@sldarts.com

- ■Need help managing your TMD or Bruxism patients? Patients are released back for your re-exam in 4-8 treatments. Located in Silver Lake Mill Creek area. Chirobody Sports Chiropractic. www.drchirobody.com, 425-338-5537
- ■Need help with your high fear patients? I have treated over 4000 patients with IV Sedation. I am local, flexible and can accommodate your schedule. You can also refer your patient if you choose not to treat them. Aubrey Carter Jr., DDS (425)501-9555.
- **■SHIKOSHA DENTAL LAB** is a certified, full-service dental laboratory serving the greater

Seattle and Portland areas. Visit us at www.shikosha.com for information about our products and services. 1-800-547-8539.

- ■10% Off Handpiece Repair for SCDS Members. NO NEED TO MAIL OR WAIT FOR HANDPIECE REPAIR - We come to you! We're MOBILE - Best Service and Prices, serving Snohomish County and surrounding areas. Campbell's Handpiece Rescue, Call (425)303-9822.
- ■Calling all General and Specialty Dentists! Does your office look and smell like a dental office? It's time to treat yourself and your patients to a modern, refreshing dental experience with views of Puget Sound from every window. This fully loaded, turnkey office in Mukilteo, WA with 3 operatories (plumbed for a fourth) has low monthly rent and potential 100% financing through Bank of America. High visibility and only one mile from Boeing. Building owner is open to selling property. Please contact Lindsey 425-466-8595.

- I Wish to purchase a not too tired amalgamator in working condition, as well as an amalgam carrier and possibly some alloy. Please text your prices to Dr. S. Zakaria 206-364-7680.
- ■To advertise in the classifieds contact the SCDS office. Deadline is 20th of month for following month. Up to 30 words is just \$10 for SCDS Members and \$15 for non-members. For 2019 the same classified ad will be included on our website at no additional charge.

■Looking tor an Associate or to find an Associate position? Or to Buy/Sell A practice? Or for Employees? Or coverage for vacation or medical leave?

Be sure to let Judy know at the SCDS office know as we are often a first point of contact and would love to make connections. Also, a reminder you can post on our Society's Facebook page. Just the basics, never specifics of pay or benefits. If you're not a friend on our FB page yet just visit our website for the link to sign up, or search our name.

#### Oct. Newsletter Sponsors

Wells Fargo Practice Finance

# ANNOUNCEMENTS

► Snohomish County Dental Foundation: As you consider year-end charitable donations, please keep our Society's Foundation in mind, which supports dental-related programs in Snohomish County. We also welcome the donation of Raffle items for our Nov. 14th Gala -lt's a 501c(3) organization so all donations are tax-deductible. Cash donations can be made to: Snohomish County Dental Foundation and mailed to: 1214 Alpine View Drive, Mount Vernon, WA 98274-8722.

If you'd like to donate a raffle item for the Gala, please contact Judy at the SCDS office.

## ▶ DRESS CODE REMINDER For Mill Creek Country Club:

It's Business Casual Attire — No hats, T-shirts or scrubs in the meeting room.

▶ www.wsda.org : If you haven't visited the WSDA website lately, check it out! Sign into the Members Only section and go to the Regulatory FAQ's, view CE FAQ's to see requirements to fulfill Suicide Prevention Training, Dental Jurisprudence and more. It also links out to the ADA Center for Professional Success, which has a ton of info to help you succeed in your practice. Take advantage of these free resources for members.

All SCDS General Membership meetings are held at the Mill Creek Country Club starting at 6PM with a Meet & Greet, followed by dinner meeting and CE program, ending by 8:30PM. 2 Credits. The dinner & programs are always complimentary for SCDS member dentists, and \$40 for guests.