NEWSLETTER OF MAY, 2021



SAVE THE DATE For Next SCDS Meeting

DATE: Tues. May 18th TIME: 6:15PM—8:15PM CREDITS: 2 COST: FREE

SPEAKER: Melissa

Melissa Sanchez, CIC



COURSE:

Risk Management: Addressing Current Issues in the Dental Practice.

*Qualifies TDIC insured dentists for 5% off premiums.

Synopsis: This course will discuss common practice management concerns and vulnerabilities associated with malpractice exposures. Dealing with difficult patients, transgender patients, minors, substance abuse issues, when equipment harms a patient, and more!

Please see full details on our website: www.scdentists.org

The registration link will be emailed to you with the May meeting reminder, and is also posted on the SCDS website calendar & FB Page. Pre-Registration is required.

Stay Home, Stay Healthy CE.

We are pleased to continue our partnership in 2021 with Pierce County Dental Society to offer Virtual Zoom CE meetings to our members.

Note: **CE certificates** will be sent to your registration email within in 7 days after the course.

PRESIDENT'S LETTER — By Dr. B. Ardi Pribadi

Hello everyone,

I want to first thank everyone who reached out this past month after reading the last bulletin and for the well wishes. I was debating whether or not I should publish such a personal letter but honestly, I wanted to let everyone that is dealing with the stressors of private practice, the shrinking insurance payments, the staffing nightmare and the rising overhead, know that... YOU



ARE NOT ALONE. Private practice (especially the solo practice) is a lonely profession, but also the most rewarding. Don't think we're a dying breed, the solo practice will thrive on once again, but I believe it takes an organized effort that we associated member dentists can provide. If you would like to chat or commiserate about office drama, broken equipment, obnoxious patients and 1 star reviews, please feel free to call, email, FB message me anytime. I've got 15+ years of stories; we can get thru this together!

This is my last letter as your president. I wish I could say it was great meeting many of you and seeing all your faces at a packed Mill Creek Country Club, but COVID had another thing to say about that. I want to thank our Executive Director, Judy Bangs, for all the hard work she did behind the scenes—if wasn't for her my duties as your president would have added an insurmountable amount of additional stress that I probably could not absorb. Judy is retiring this summer and I am extremely fortunate to be the last president to work with her. She has put in decades of service to the SCDS and will be missed greatly. If you would like to send Judy an email expressing your gratitude for her years of service, I'm sure she would truly appreciate it.

I would also like to introduce and welcome Sandra Anderson to the SCDS. Sandra has been the Director of Membership Services at Seattle-King County Dental Society for the past 10 years, and will be replacing Judy as our new Executive Director. We are extremely fortunate to have gained such a talented and vibrant leader from SKCDS.

I want to also thank the men and women of the US Armed Forces, for May is National Military Appreciation month. Some of you may know that I am an Air Force reservist with the 446th Aerospace Medicine Squadron, JBLM. I have been a reservist for the past 11 years after exiting active duty. Being a military dentist has allowed me to see dentistry from 2 sets of eyes and has been one of the most rewarding and fulfilling experience I have ever had. If anyone is interested in a career with the military (active or reserve) I would be more than happy to elaborate my experiences with anyone.

Once again, I thank you for this opportunity to serve as your president. It has truly been an honor.

INTRODUCING YOUR 2021-2022 OFFICERS, EXECUTIVE COMMITTEE, AND DELEGATES

Thanks to everyone who voted —The ballot emailed in April was approved as presented.

Officers

President: Dr. Daniel Brady

President-Elect: Dr. Clio Samia-Lindenauer

Secretary: Dr. Nicholas Conley

Treasurer: Dr. Andrew Sholudko (thru 5/22)

Past-President: Dr. B. Ardi Pribadi

Committee Members: (2 year terms)

Dr. Jennifer Chan (thru 5/22)

Dr. Ji Won Gwak (thru 5/22)

Dr. Tania Tran (thru 5/22)

Dr. Allan Wattimena (thru 5/22)

Nominated: Dr. Brendan Lopez (thru 5/23)

WSDA Delegates: (3 year terms) Renominated: Dr. Naghmeh Izadi (2023) Dr. Greg Fjeran (2023), Dr. Michael Whelan (2023). Continuing: Dr. Bruce Hawley (2021), Dr. Andrew Sholudko (2022), and Dr. Clio Samia-Lindenauer (2021—one yr as SCDS President-Elect).

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ADA Offers COVID-19 Mental Health Resources

Got the burnout blues? This is a stressful time for everyone! Take care of yourself with the ADA guides to mental and physical wellness.

In an episode of *Beyond* the *Mouth*, Drs. Bill Claytor and Jim Willey share tips to stay motivated and ensure a healthy practice environment. Check out their podcast plus a variety of other health resources available at ADA.org/wellness.

Also, be sure to take the ADA's 2021 Dentist Health and Well-Being Survey. The results will influence future ADA member support offerings for mental and physical wellness.

Thank you for Being a Member!

YOUR SCDS OFFICERS:

President Dr. B. Ardi Pribadi
Pres-Elect Dr. Daniel Brady
Secretary

Dr. Clio Samia-Lindenauer

Treasurer Dr. Andrew Sholudko **Past-President** Dr. Alexis Apatoff

Executive Committee:

Dr. Nicholas Conley

Dr. Jennifer Chan

Dr. Ji Won Gwak

Dr. Tania Tran

Dr. Allan Wattimena

Executive Director:

Judy Bangs

SCDS Mailing Address:

1214 Alpine View Drive Mount Vernon, WA 98274

Phone/TEXT:

(360)419-7444

E-mail:

info@scdentists.org

Website:

www.scdentists.org

CLASSIFIEDS

■AVAILABLE OPPORTUNITIES:

Mill Creek - 3 computerized ops, plumbed for 4, COVID annualized collections in 2020 were \$343K within a 3-day work week.

Bellevue –Start-up. Three ops plumbed for 4. Brand new facility and equipment.

Bellingham – Beautiful five op practice open three days a week with 1,000 active patients available for immediate sale.

South King County - Modern, completely digital with 5 ops, plumbed for 6. Collected \$772k in 2020 with 2-month closure due to COVID

Gig Harbor Area - 6 operatories within 2,600 sq. ft. standalone building, practice operates close to a 40% net collecting \$1.2M in 2019 and \$1M in 2020 despite 2-months closure due to COVID

Contact Practice Management Associates: 206.209.1990

www.practicemanagementass ociates.org ■Looking for Associate — 3 days per week. Must be caring, a good listener, and willing to do some hygiene to build the practice. 2 years minimum experience and comfortable with surgical extractions, implant placement, and endodontics. Great pay and benefits. E m a i I r e s u m e to: doctor@tracydds.com

■Need help with your high fear patients? I have treated over 4000 patients with IV Sedation. I am local, flexible and can accommodate your schedule. You can also refer your patient if you choose not to treat them. Aubrey Carter Jr., DDS (425)501-9555.

■10% Off Handpiece Repair for SCDS Members. NO NEED TO MAIL OR WAIT FOR HANDPIECE REPAIR — We come to you! We're MOBILE — Best Service and Prices, serving Snohomish County and surrounding areas. Campbell's Handpiece Rescue, Call (425)303-9822.

Thank you to our May Sponsors:

BEST for Dentistry SeaPort Dental Services Practice Management Assoc. WDIA

REMINDER to Visit: www.ada.org/virus

You can **live chat any questions** you have, PLUS find toolkits and webinars for dealing with insurance, patients, staff, practice management, and more. Log in with your ADA # for full access.

ANNOUNCEMENTS

▶ Share Ideas for Speakers and Topics at SCDS meetings:

We're planning our SCDS Fall 2021/Spring 2022 speaker schedule. What speakers and topics would you like to hear? We want to best serve your interests. Email: info@scdentists.org

▶ REMINDER: Help our Snohomish County Dental Foundation Earn Cash throughout the Year!

1) Fred Meyer Community Rewards – Take 2 minutes to link your Rewards card and earn a donation for our Foundation every time you shop. Go to www.fredmeyer.com/community rewards search by our name or non-profit #UJ743 This is an easy way to support our Foundation!

2) SHOP www.Smile.Amazon.com

Next time you place an Amazon order, simply search & select Snohomish County Dental Foundation. Amazon donates 0.5% of the price of your eligible AmazonSmile purchases to the charitable organization of your choice. AmazonSmile is the same Amazon you know. Same products, same prices, same service. Thanks to everyone already donating! \$1 = 1 toothbrush kit for 1 child.

► SAVE THE DATES for our all of our 2021 Zoom CE Meetings co-sponsored with Pierce Co. Dental Society. Tuesdays, 6:15PM—8:15PM. 2 CE Credits.

-May 18th — Melissa Sanchez/TDIC Risk Management course —Qualifies TDIC insured dentists to 5% discount on premium.

-June, July, August — No SCDS General Membership Meetings

-Sept. 21st — Dr. Arun Garg / Implant Dentistry

-Oct. 19th — Dr. John Kalmar / Oral Pathology

-Nov. 16th — Dr. Ed McGlumphy / Prosthetics